

## Clinic Info

### Stroke & Turn Clinic with THREE Time Olympian Klete Keller

Athletes of all ages will have the opportunity to learn from and swim with three-time Olympian, Klete Keller!

Athletes will get personal attention as Klete works with them in and out of the water on strokes and technique. Out of the water, athletes are able to ask Klete questions about his swimming career and life outside the pool as he provides valuable, personal experiences of balancing swimming with school, persevering through disappointment, maintaining perspective in sport and much more. Klete will pose for pictures, sign autographs and may even bring one of his five medals.

Klete D. Keller is a former Olympic swimmer, who competed in the 2000, 2004 & 2008 Summer Olympics. He won medals at the 2000 Summer Olympics and the 2004 Summer Olympics in the 400-meter freestyle and the 4x200-meter freestyle relay. In the 4x200-meter freestyle relay, Keller held off a charging Ian Thorpe in the anchor leg to win the race by 0.13 seconds. This was the first time the Australia had been beaten in the event in over seven years. The American relay of Michael Phelps, Ryan Lochte, Peter Vanderkaay, and Keller are undefeated since the Athens Games. Vanderkaay, Larsen Jensen, Erik Vendt, and Keller made up the core of the premier American mid-distance/distance freestyle swimmers.

Keller attended the University of Southern California. While at USC, Keller won multiple individual and relay Pac-10 and NCAA Championships in the 200, 500 and 1,650-yard freestyle, as well as freestyle relays.

Keller has also won many U.S. National Titles and FINA World Championship medals, primarily in 200 and 400-meter freestyles and the 4x200-meter free relay.

From 2004 to 2007, Keller trained at the University of Michigan under Bob Bowman and former head coach Jon Urbanek.